



NO. 1

# HONEYLINGUS

*for HIS EYES only*

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# INGREDIENTS

*plain hot water or hot  
beverage of your choice  
1 naked man  
1 soft wet tongue*

*Tease her!*

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## **I could hardly believe my luck.**

A girlfriend and I were sitting at the bar of a beautiful restaurant in LA when I found myself face-to-face with a famous rock star. I might have been a tiny bit starstruck. After all, I used to save my allowance to buy his music, and here he was, talking to me.

Sadly, I didn't learn anything about him that you couldn't read for yourself on Wikipedia. But his friend—now here was a guy who had a fascinating tale to tell. Not only was he rich and devilishly handsome but he'd also lived a bachelor's dream, and had been with thousands of women around the world. I couldn't help myself. I just had to ask.

## **“What would you say is the best sex you’ve ever had?”**

Without hesitation, he answered, “The Milk and Honey Massage, in Beijing, China”—the most erotic massage technique I have ever heard of.

It involved milk and honey, slathered on with a soft brush, and then lovingly removed with an exceedingly thorough tongue bath. Wow. I wanted my own Milk and Honey Massage!

I knew my readers would want one, too, so I took the idea home and finally came up with a recipe any man can follow. Yes, it involves milk and honey, but at its core, this technique is about attention. Complete, total focus on your partner's sensual pleasure. Sexual service + romance + a killer skin conditioning treatment = every woman's dream! (And it costs practically nothing. Seriously, dollars to orgasms, it's the best value in the book.)

The ingredients might already be in your own home, and if not, it's easy to find a quart of milk and a small squeeze jar of honey. Tie them together with a ribbon or string, and attach a note to them in the fridge: “Don't touch! I have a surprise for you this week!” Promise her a surprise, create some romantic anticipation, and you're halfway to Great Sex already. Pick a night when you're staying in, and offer to draw a bath for her. Add three or four cups of milk to create a special treat, an exfoliant milk bath.

Be sure to set a romantic scene for her, with candles in the bathroom and music on the stereo. And make sure to get an old washable blanket and lay it across your bed. Trust me on this, she'll be much more relaxed if she knows she won't have to clean up a big mess afterwards.

As she finishes her bath, bring her the honey and offer her a proposition. “I want to play a little game with you. After I leave the bathroom, I want you to hide six dabs of honey anywhere on your body. Anywhere at all,” you say, “kind of like this.” Squeeze a few drops on the side of her neck, just above her collarbone. Don't let it run; instead, rub it with your fingertip into a small, sticky circle.

“And then,” you continue, “I'm going to try to find them all. Like this.” Lean in and lick it off, suck it off, nibble it off, and just in case you missed some, move up to her ear, and the back of her neck, gently nuzzling and kissing her everywhere you go. Make it perfectly clear that you expect to give your tongue a real workout tonight. “Remember, six little dabs. Hide them anywhere, front and back, and then come join me in the bedroom.”

Find your honey's honey. Connect the dots with your tongue. Work the areas that don't usually get enough attention. Knees and toes, shoulders and wrists, breasts, nipples, thighs, bum; pay them all a visit. Finally, of course, you need to focus on your real goal, your honeypie's Honeypot. And at this point, you should take your cue from my new bar friend, the one with the amazing China tale:

## **Every story needs a dàtuányuán. (A happy ending!)**